



Community Crisis Response Team (CCRT)

East Valley

(Colton, Rialto, Yucaipa, Redlands, Loma Linda, Bloomington, San Bernardino)

Office (909) 421-9233

Pager (909) 420-0560

West Valley

(Chino Hills, Chino, Rancho Cucamonga, Ontario, Fontana, Montclair)

Office (909) 458-1517

Pager (909) 535-1316

High Desert

(Hesperia, Victorville, Apple Valley, Phelan, Barstow, Adelanto, Lucerne Valley)

Office (760) 956-2345

Pager (760) 734-8093

Morongo Basin

Office (760) 499-4429

Dial 7-1-1 for
for TTY users.

Teams are available

7 a.m. - 10 p.m.

365 Days per year

**Are you experiencing a
mental health related crisis?**

CCRT is a community-based mobile crisis team that provides assistance to those who are experiencing a mental health related emergency. Services include:

- **Mental Health Assessments**
- **Relapse Prevention**
- **Intensive follow up services**
- **On-site Crisis Intervention**





Behavioral Health

Crisis Walk-In Clinics

For San Bernardino County Residents

CWIC Rialto

850 East Foothill Boulevard, Rialto, CA 92376

Phone: (909) 421-9495

7-1-1 for TTY users

Hours of Operation: Monday - Friday 8:00 a.m.- 10:00 p.m.

Saturdays 8:00 a.m. - 5:00 p.m

Closed on Sundays

CWIC High Desert

12240 Hesperia Road, Victorville, CA 92395

Phone: (760) 245-8837

7-1-1 for TTY users

Hours of Operation: 24 hours a day , 7 days a week

CWIC Morongo Basin

7293 Dumosa Ave., Suite 2, Yucca Valley, CA 92284

Phone: (855) 365-6558

7-1-1 for TTY users

Hours of Operation: 24 hours a day , 7 days a week



HOST

The Homeless Outreach Support Team (HOST) is an outreach-based program providing services in the field to engage chronically homeless individuals with mental illness into permanent supportive housing. HOST staff works with qualified individuals to complete the necessary applications and assessments in the field and, upon receipt of housing voucher, assist the individual to locate and move into housing. HOST services continue with recovery-based wraparound case management services to the individual to assist them in their recovery and wellness and to reintegrate them into the community with the ultimate goal of independence and self-sufficiency.



HOST proudly provides the following services:

- Outreach Services
- Intensive Case Management
- Advocacy
- Empowerment
- Linkage and Referrals

**For more information,
please call (909) 421-4633**

(Dial 7-1-1 for TTY users.)

Rev. 2/17



Behavioral Health

www.SBCounty.gov/DBH



MONDAY

9:30 AM - 10:30 AM - SPANISH PARENTING CLASS
10:30 AM - 12:00 PM - SPANISH DOMESTIC VIOLENCE SUPPORT GROUP
9:00 AM - 3:30 PM RESTRAINING ORDER CLINIC

TUESDAY

9:00 AM - 10:00 AM - PARENTING CLASS
10:30 AM - 11:30 AM - ANGER MANAGEMENT CLASS
2:00 PM - 3:30 PM - DOMESTIC VIOLENCE SUPPORT GROUP
3:30 PM - 5:00 PM - DOMESTIC VIOLENCE SUPPORT GROUP FOR MEN

WEDNESDAY

8:30 AM - 2:00 PM - RESTRAINING ORDER CLINIC (VICTORVILLE COURT)
10:00 AM - 11:00 AM - BUDGETING FINANCE/FINANCIAL STABILITY CLASS
8:00 AM - 5:00 PM - CLOTHING GIVEAWAY (CLOSED 12PM-1PM)

THURSDAY

9:00 AM - 12:30 PM - NURTURING PARENTING CLASS
1:00 PM - 2:00 PM - SPANISH DOMESTIC VIOLENCE SUPPORT GROUP FOR MEN
2:00 PM - 3:30 PM - SPANISH ANGER MANAGEMENT CLASS
3:30 PM - 5:00 PM - DOMESTIC VIOLENCE SUPPORT GROUP

FRIDAY

10:30 AM - 11:30 AM - PARENTING CLASS
1:30 PM - 3:00 PM - SPANISH DOMESTIC VIOLENCE SUPPORT GROUP
3:00 PM - 4:00 PM - ANGER MANAGEMENT CLASS

SATURDAY

COURT ORDERED SUPERVISED VISITATION

ALL STATE FINANCIAL EMPOWERMENT - BY APPOINTMENT ONLY
FAM SPOT YOUTH DROP-IN CENTER • TUESDAY-SATURDAY'S 2:00 PM - 8:00PM

24 HOURS HOTLINE (760)949-4357

16857 C STREET, VICTORVILLE, CA 92395

PHONE: 760-843-0701 • FAX: 760-843-9551

WWW.FAMILYASSIST.ORG

WWW.FAMILYASSIST.ORG



Restraining Order

S E R V I C E

OUR GOAL IS TO SUPPORT YOU THROUGH THIS INTRICATE PROCESS.
OUR DOMESTIC VOILENCE ADVOCATES ARE AVAILABLE!

— How we can help:

- WE PROVIDE COURT SUPPORT DURING YOUR RESTRAINING ORDER HEARING
- WE CAN ASSIST WITH PREPARING RESTRAINING ORDERS

FAMILY ASSISTANCE PROGRAM

16857 C STREET VICTORVILLE CA, 92395
MONDAY Walk-in Clinic 9:00 - 3:30 PM
Tuesday, Thursday, and Friday by appointment only

VICTORVILLE SUPERIOR COURT (Walk-in Clinic)

14455 CIVIC DR VICTORVILLE CA 92392
WEDNESDAY 8:30 - 2:30 PM (CONFERENCE ROOM 2)

FOR MORE INFORMATION CONTACT

Evelyn - (760) 843-0701 • Evelyn@familyassist.org
WWW.FAMILYASSIST.ORG



FAM SPOT CLASS SCHEDULE

HEALTHY RELATIONSHIPS CLASS

WEDNESDAYS @ 3:30 P.M.

JOIN US FOR A CANDID DISCUSSION ABOUT HOW TO FORM HEALTHY AND LONG LASTING RELATIONSHIPS.

YOUTH ANGER MANAGEMENT CLASS

THURSDAYS @ 4:00 P.M.

PARTICIPANTS WILL LEARN SKILLS IN COMMUNICATIONS, EFFECTIVE LISTENING STRATEGIES, CONFLICT RESOLUTION, EMPATHY, EMOTIONAL AWARENESS, EXPECTATION MANAGEMENT FORGIVENESS AND MUCH MORE.

YOUTH DRUG AND ALCOHOL PREVENTION CLASS

THURSDAYS @ 5:00 P.M.

JOIN US FOR FREE SUBSTANCE ABUSE AWARENESS CLASSES PRESENTED BY THE FOUNDER OF *NO DRUGS AMERICA*, FRANK KELLY.

ADDITIONAL ACTIVITIES:

HOMEWORK AND TUTORING

TUESDAYS @ 2:00 – 8:00 P.M.

COME STUDY AND COMPLETE YOUR HOMEWORK WITH US! WE HAVE SPECIAL PRIZES FOR THE MOST STUDIOUS AND MOST IMPROVED.

COOKING DAYS

TUESDAY – SATURDAY, 2:00 – 8:00 P.M.

WE LIKE TO EMPOWER AND BUILD INDEPENDENCE IN YOUTH! SO COME JOIN US AND LEARN HOW TO COOK AND ENJOY SIMPLE MEALS.

COMMUNITY SERVICE OPPORTUNITIES

TUESDAY – SATURDAY, @ 2:00 – 8:00 P.M.

WE OFFER A VARIOUS AMOUNT OF COMMUNITY SERVICE OPPORTUNITIES FOR THOSE WHO WOULD LIKE TO VOLUNTEER OR FOR COURT-MANDATED PURPOSES.



24 Hour Hotline (760) 949 – 4357

16857 C. Street, Victorville, CA 92395

Phone: (760) 843 – 0701

www.familyassist.org

Mental Health Support Group – A 2018 meeting schedule

For persons living with mental illness

Free twice a month meetings from 6pm-8pm in Apple Valley

Support Group Purpose and Goals-

For those living with mental health challenges – you are not alone!

This group promotes social connection and support. This is not therapy or for crisis intervention.

This group promotes compassion, mindfulness and self-care and communication.

This group is led by a facilitator who themselves live with mental illness.

Please share with persons needing a free support group!

Did you know that one in four persons suffers a form of mental illness?

Did you know that services for mental health care are growing in the High Desert and more are needed?

Support Group Location: Ascension Lutheran Church, Sunday school class – open to all residents of Victor Valley!



Ascension Lutheran Church is located in the village of Apple Valley at 22130 Ottawa Road. Meetings are 6pm-8pm on the dates listed below. Meetings are FREE and CONFIDENTIAL with local resources provided.

2018 MEETINGS ARE THURSDAY EVENINGS AS NOTED BELOW:

JANUARY 11TH AND 25TH 6-8PM

JULY 12TH AND 26TH 6-8PM

FEBRUARY 8TH AND 22TH 6-8PM

AUGUST 9TH AND 23TH 6-8pm

MARCH 8TH AND 22RD 6-8PM

SEPTEMBER 13TH AND 27TH 6-8pm

APRIL 12TH AND 26TH 6-8PM

OCTOBER 11TH AND 25TH 6-8pm

MAY 10TH AND 24TH 6-8PM

NOVEMBER 8TH AND 29TH 6-8pm

JUNE 14TH AND 28ND 6-8PM

DECEMBER 13TH AND 27TH 6-8pm